130060 - Pk Bloomer Sliced White 450g x 1

Nutrition

	per 100g
Energy	992kJ/234kcal
Fat	2.9g
of which Saturates	0.4g
Carbohydrate	43g
of which Sugars	0.7g
Fibre	1.6g
Protein	7.8g
Salt	1.2g

Ingredient Declaration

WHEAT Flour, Water, Sunflower Oil, WHEAT Gluten, Dried WHEAT Sourdough (WHEAT Flour, Starter Culture, WHEAT Gluten, Flour Treatment Agent E300, Enzymes), Flour Treatment Agent E300, Enzymes [WHEAT], Salt, Preservative: Calcium Propionate E282, WHEAT Malt Flour, Yeast (Saccharomyces Cerevisiae, Emulsifier: E491)

Allergens

Contains Gluten

Contains Wheat

Front of Pack

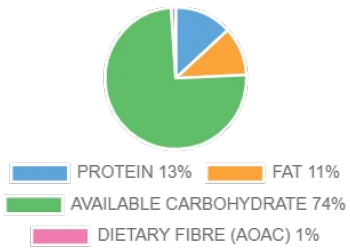
A 100g serving contains

Energy	Fat	Saturates	Sugars	Salt
992kJ 234kcal 12%	2.9g 4%	0.4g 2%	0.7g 1%	1.2g 19%

of an adult's reference intake

Typical values per 100g: 992kJ/234kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity		% RI
Energy	kJ	8400	992	12%
Total Fat	g	70.0	2.9	4%
Saturates	g	20.0	0.4	2%
Carbohydrate	g	260.0	43.3	17%
Sugars	g	90.0	0.7	1%
Protein	g	50.0	7.8	16%
Salt	g	6.0	1.2	19%