130070 - Pk Burger 5" Bun Seeded 100g x 3

Nutrition

	per 100g
Energy	1064kJ/252kcal
Fat	4.5g
of which Saturates	0.7g
Carbohydrate	44g
of which Sugars	3.0g
Fibre	1.6g
Protein	7.8g
Salt	1.0g

Ingredient Declaration

WHEAT Flour, Water, SESAME Seeds (3%), Sugar, Sunflower Oil, Salt, Yeast (Saccharomyces Cerevisiae, Emulsifier: E491), Flour Treatment Agent E300, Enzymes [WHEAT], Enzyme (Amylase) [WHEAT], Preservative: Calcium Propionate E282

Allergens

Contains Gluten !
Contains Wheat !
Contains Sesame !

Front of Pack

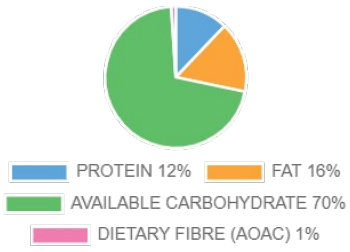
A 100g serving contains

Energy	Fat	Saturates	Sugars	Salt
1064kJ 252kcal	4.5g	0.7g	3.0g	1.0g
13%	6%	4%	3%	17%

of an adult's reference intake

Typical values per 100g: 1064kJ/252kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity		% RI
Energy	kJ	8400	1064	13%
Total Fat	g	70.0	4.5	6%
Saturates	g	20.0	0.7	4%
Carbohydrate	g	260.0	44.1	17%
Sugars	g	90.0	3.0	3%
Protein	g	50.0	7.8	16%
Salt	g	6.0	1.0	17%