130160 - Pk Tartaruga Bun White 80g x 3

Nutrition

	per 100g
Energy	1030kJ/243kcal
Fat	2.4g
of which Saturates	0.4g
Carbohydrate	47g
of which Sugars	2.7g
Fibre	1.6g
Protein	7.6g
Salt	0.98g

Ingredient Declaration

WHEAT Flour, Water, Sugar, Sunflower Oil, Salt, Dried WHEAT Sourdough (WHEAT Flour, Starter Culture, WHEAT Gluten, Flour Treatment Agent E300, Enzymes), Flour Treatment Agent E300, Enzymes [WHEAT], Enzyme (Amylase) [WHEAT], Yeast, Preservative: Calcium Propionate E282, WHEAT Malt Flour, Yeast (Saccharomyces Cerevisiae, Emulsifier: E491)

Allergens

Contains Gluten

Contains Wheat

Front of Pack

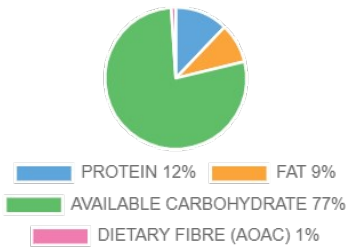
A 100g serving contains

Energy	Fat	Saturates	Sugars	Salt
1030kJ 243kcal 12%	2.4g 3%	0.4g 2%	2.7g 3%	0.98g 16%

of an adult's reference intake

Typical values per 100g: 1030kJ/243kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity		% RI
Energy	kJ	8400	1030	12%
Total Fat	g	70.0	2.4	3%
Saturates	g	20.0	0.4	2%
Carbohydrate	g	260.0	46.8	18%
Sugars	g	90.0	2.7	3%
Protein	g	50.0	7.6	15%
Salt	g	6.0	0.98	16%