130202 - Pk Bridge Roll (R) White 20g x 30

Nutrition

	per 100g
Energy	1102kJ/261kcal
Fat	5.3g
of which Saturates	0.9g
Carbohydrate	45g
of which Sugars	2.6g
Fibre	1.6g
Protein	7.7g
Salt	0.90g

Ingredient Declaration

WHEAT Flour, Water, Sunflower Oil, SESAME Seeds, Sugar, Salt, Flour Treatment Agent E300, Enzymes [WHEAT], Additive (Water, Emulsifier (E471), (E472e)), Preservative: Calcium Propionate E282, WHEAT Malt Flour, Yeast (Saccharomyces Cerevisiae, Emulsifier: E491)

Allergens

Contains Gluten !
Contains Wheat !
Contains Sesame !

Front of Pack

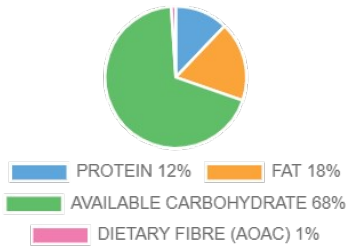
A 100g serving contains

Energy	Fat	Saturates	Sugars	Salt
1102kJ 261kcal 13%	5.3g 8%	0.9g 4%	2.6g 3%	0.90g 15%

of an adult's reference intake

Typical values per 100g: 1102kJ/261kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity		% RI
Energy	kJ	8400	1102	13%
Total Fat	g	70.0	5.3	8%
Saturates	g	20.0	0.9	4%
Carbohydrate	g	260.0	44.6	17%
Sugars	g	90.0	2.6	3%
Protein	g	50.0	7.7	15%
Salt	g	6.0	0.90	15%