130206 - Pk Bridge Rolls (R) White Seeded 20g x 15

Nutrition

	per 100g
Energy	1139kJ/270kcal
Fat	6.7g
of which Saturates	1.1g
Carbohydrate	43g
of which Sugars	2.5g
Fibre	1.6g
Protein	8.1g
Salt	0.88g

Ingredient Declaration

WHEAT Flour, Water, SESAME Seeds (5%), Sunflower Oil, Sugar, Salt, Flour Treatment Agent E300, Enzymes [WHEAT], Additive (Water, Emulsifier (E471), (E472e)), Preservative: Calcium Propionate E282, WHEAT Malt Flour, Yeast (Saccharomyces Cerevisiae, Emulsifier: E491)

Allergens

Contains Gluten !
Contains Wheat !
Contains Sesame !

Front of Pack

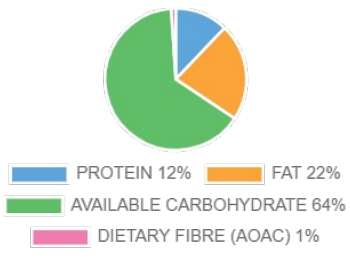
A 100g serving contains

Energy	Fat	Saturates	Sugars	Salt
1139kJ 270kcal 14%	6.7g 10%	1.1g 6%	2.5g 3%	0.88g 15%

of an adult's reference intake

Typical values per 100g: 1139kJ/270kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity		% RI
Energy	kJ	8400	1139	14%
Total Fat	g	70.0	6.7	10%
Saturates	g	20.0	1.1	6%
Carbohydrate	g	260.0	43.5	17%
Sugars	g	90.0	2.5	3%
Protein	g	50.0	8.1	16%
Salt	g	6.0	0.88	15%