203210 - PPK Muffin Chocolate 50g x 1

Nutrition

	per 100g
Energy	1603kJ/384kcal
Fat	22g
of which Saturates	2.4g
Carbohydrate	41g
of which Sugars	25g
Fibre	1.7g
Protein	4.9g
Salt	0.06g

Ingredient Declaration

Cake Mix Chocolate (Sugar, WHEAT Flour, Fat Reduced Cocoa Powder, Vegetable Oils (Rapeseed), Modified Starch, Whey Powder (MILK), Raising Agent (Sodium Bicarbonate E500ii, Sodium Acid Pyrophosphate E4050i), WHEAT Gluten, Salt, Emulsifier (Lactic Acid Esters Of Mono- And Diglycerides Of Fatty Acids E472b, Mono- And Diglycerides Of Fatty Acids E471, Sodium Stearoyl-2-Lactylate E481), Thickener (Sodium Carboxy Methyl Cellulose E466, Xanthan Gum E415, Guar Gum E412), Flavoring), EGG Whole (Potassium Sorbate E202, Citric Acid E330, Emulsifying Agent E471), Rapeseed Oil, Water, Preservative: Calcium Propionate E282

Allergens

Contains Gluten !
Contains Wheat !
Contains Eggs !
Contains Milk !

Front of Pack

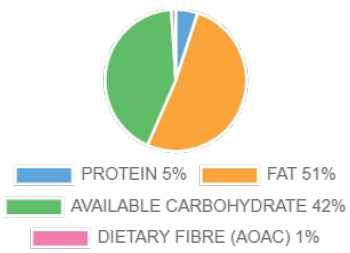
A 100g serving contains

Energy	Fat	Saturates	Sugars	Salt
1603kJ 384kcal	22g	2.4g	25g	0.06g
19%	31%	12%	28%	1%

of an adult's reference intake

Typical values per 100g: 1603kJ/384kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity		% RI
Energy	kJ	8400	1603	19%
Total Fat	g	70.0	21.7	31%
Saturates	g	20.0	2.4	12%
Carbohydrate	g	260.0	40.8	16%
Sugars	g	90.0	25.1	28%
Protein	g	50.0	4.9	10%
Salt	g	6.0	0	1%