206320 - G26 Belgian Chocolate Gateau

Nutrition

	per 100g
Energy	1541kJ/368kcal
Fat	18g
of which Saturates	4.5g
Carbohydrate	48g
of which Sugars	38g
Fibre	1.5g
Protein	3.4g
Salt	0.17g

Ingredient Declaration

Cake Mix Chocolate (19%) (Sugar, WHEAT Flour, Fat Reduced Cocoa Powder, Vegetable Oils (Rapeseed), Modified Starch, Whey Powder (MILK), Raising Agent (Sodium Bicarbonate E500ii, Sodium Acid Pyrophosphate E4050i), WHEAT Gluten, Salt, Emulsifier (Lactic Acid Esters Of Mono- And Diglycerides Of Fatty Acids E472b, Mono- And Diglycerides Of Fatty Acids E471, Sodium Stearoyl-2-Lactylate E481), Thickener (Sodium Carboxy Methyl Cellulose E466, Xanthan Gum E415, Guar Gum E412), Flavoring), Chocolate Spread (MILK, NUTS) (12%), Cold (Sugar, Glucose Syrup, Water, Reduced Fat Cocoa Powder 5%, Modified Starch, Coloring: Caramel, Flavoring, Acidifier: Lactic Acid, Preservative: Potassium Sorbate) (WHEAT, EGGS, SOYBEANS, MILK), Water, Cream (ButterMILK, Partly Hydrogenated Vegetable Oil (Palm), Cream (MILK), Vegetable Oil (Palm), ButterMILK Powder, Emulsifiers (E472b, E475, E435, E471, E433), Stabilizers (E410, E407), Salt Color (E160a)), EGG Whole (Potassium Sorbate E202, Citric Acid E330, Emulsifying Agent E471), Rapeseed Oil, Biscuits, Plain Crumb (WHEAT Flour, Sugar, Palm Fat (E320, E321, E319), Partially Inverted Sugar Syrup, WHEAT Bran, Salt, Raising Agents (Sodium Bicarbonate), Emulsifier (E472e), Acidity Regulator (Malic Acid)), Dark Chocolate (4%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soy Lecithin E322), Natural Vanilla Flavoring) (SOYBEANS, MILK), Sugar, Golden Syrup (Cane Sugar), Additive (Sugar, Dextrose, Bovine Gelatin, Skimmed Milk Powder, Modified Starch), Cold (Glucose Syrup, Water, Tricalcium Citrate E333, Sugar. Lime Concentrate, Flavour, Agar-Agar E406, Xantham Gum E415, Potassium Sorbate E202) (WHEAT, EGGS, SOYBEANS, MILK), Brown Sugar, Liqueur Flavour, Cream (Water, Fully Hydrogenated Vegetable Oils And Fats (26.5%) (Fats (Palm Kernel)), Oils (Rapeseed And Sunflower And Maize And Soybean In Varying Proportions), Sugar, Stabilizers (E420ii, E463), MILK Proteins, Emulsifiers (E472e, E322 Soy Lecithin), Salt, Flavorings, Color (Beta-Carotene)), Chocolate, MILK (0%)

Allergens

- Contains Gluten !
- Contains Wheat !
- Contains Eggs !
- Contains Soybeans !
- Contains Milk !
- Contains Nuts !
- Suitable for Vegetarians

Front of Pack

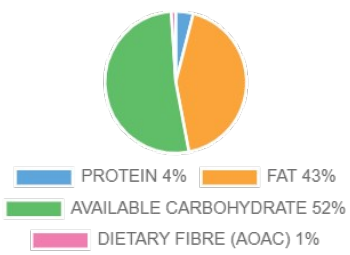
A 100g serving contains

Energy	Fat	Saturates	Sugars	Salt
1541kJ 368kcal	18g	4.5g	38g	0.17g
18%	25%	23%	42%	3%

of an adult's reference intake

Typical values per 100g: 1541kJ/368kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity		% RI
Energy	kJ	8400	1541	18%
Total Fat	g	70.0	17.8	25%
Saturates	g	20.0	4.5	23%
Carbohydrate	g	260.0	47.6	18%
Sugars	g	90.0	37.8	42%
Protein	g	50.0	3.4	7%
Salt	g	6.0	0.17	3%